

October 2026 Activities

Sparks Senior Center

97 Richards Way, Sparks, NV 89431 (775) 353-3110

Ongoing Activities

*Activities are non-instructional

Bingo

- Mondays & Wednesdays: 9am-11am

Pinochle

- Mondays & Fridays: 9am-2pm

3/13 + Poker Cards

- Tuesdays & Thursdays: 12pm-3pm

Minnesota Cards

- Tuesdays & Thursdays: 12pm-4pm

Bridge

- Tuesdays & Thursdays: 9:30am-3pm
- Fridays 9:15am-1:15pm

Beading

- Wednesdays: 8:30am-11am

Mahjong

- Wednesdays: 12:30pm-3:30pm

Yoga

- Wednesdays: 3:45pm-5pm

All-Around Painting

- Fridays: 12pm-4pm

Canasta

- Fridays: 12:30pm-3:30pm

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Individual Activities, Groups, Outreach, and Meetings

Thursday, October 1st

ANH/NVCC Site Visit

- 10am-12pm

Monday, October 5th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Wednesday, October 7th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Friday, October 9th

Ice Cream Friday!

NV Hopes Blood Pressure Clinic

- 11am-12:30pm

Monday, October 12th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Tuesday, October 13th

“Stepping On” Program - NNPH

- 9am-11am

Wednesday, October 14th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Monday, October 19th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Tuesday, October 20th

“Stepping On” Program - NNPH

- 9am-11am

Wednesday, October 21st

Friends on the Go

- 11am-12pm

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Thursday, October 22nd

Senior Meeting

- 10am-11am

Monday, October 26th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Tuesday, October 27th

“Stepping On” Program - NNPH

- 9am-11am

Wednesday, October 28th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Friday, October 30th

CLOSED for Nevada Day holiday